

## WORKSHOP

### Teaching Brief Clinical Life Review in a Medical School Setting

Overall Goal: To promote patient-centered interviewing, and assessment of psychosocial issues, spiritual beliefs, and health perceptions in seniors through brief clinical life review.

Rationale:

- Communication is an important factor influencing patient and professional satisfaction.
- Patient-centered encounters result in improved patient/healthcare professional relationships and fewer diagnostic tests and referrals.
- The patient's values and beliefs significantly affect health behaviors and outcomes.
- Life review provides an opportunity to grapple with unresolved issues, evaluate the meaning of one's life, and may prove therapeutic.

Intended Audience:

Educators and healthcare professionals

Specific Objectives:

Attendees will:

- Participate in a method of teaching brief clinical life review to undergraduate and graduate medical students and other healthcare professionals.
- Utilize brief clinical life review as a method for teaching patient-centered interviewing.
- Use the LISTEN method to conduct a life review.
- Integrate the main events, values, and factors covered in a life review including health related information, stresses, and successes by depicting these on a time line or with a pictorial representation (such as a tree).
- Reflect on the experience of conducting a life review interview.

Format/Methods/Products/Materials from Workshop:

- Introductions – Ice breaker  
Roundtable 10 mins
- View media segment depicting an informal, unstructured life review  
Video clip\* 7 mins
  - clip #1 Intro 00:00:00 – 00:00:38
  - clip #2 Tell Story 00:38:23 -- 00:39:40
  - clip #3 Stickball 00:41:15 – 00:45:06

- Discuss a method for conducting a brief clinical life review in the healthcare setting
 

PowerPoint Slides	15 mins
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- Use the “L-I-S-T-E-N” method to practice doing brief clinical life review with a partner
 

Dyad interaction	15 mins
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- Produce a diagram which illustrates the main events of partner’s life review, summarize, and reflect for accuracy
 

Dyad interaction	15 mins
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- Discuss the process and experience of using life review as a medical interview technique
 

Large group discussion	25 mins
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- Wrap-Up
 

Video Clip	3 mins
clip #4 Teacher	00:52:53 – 00:54:53
clip #5 Meaning	01:27:35 – 01:28:17

Learner Assessment:

- Participants will be observed as they employ patient-centered interview techniques including: using open-ended questions, checking for listener understanding, and providing constructive and affirmative feedback to the speaker.
- Participants will demonstrate integration of life review information by producing a diagram illustrating factors, values, and events that have influenced the health or health behaviors of their partner
- Participants will discuss the value of teaching brief clinical life review in the medical setting

\*Movie clips from “Tuesdays with Morrie”

Other suggested movies:

- “Strangers in Good Company”
- “Trip to Bountiful”