Teaching Brief Clinical Life Review in a Medical School Setting

Overall Goal: To promote patient-centered interviewing, and assessment of psychosocial issues, spiritual beliefs, and health perceptions in seniors through brief clinical life review.

Rationale:
- Communication is an important factor influencing patient and professional satisfaction.
- Patient-centered encounters result in improved patient/healthcare professional relationships and fewer diagnostic tests and referrals.
- The patient’s values and beliefs significantly affect health behaviors and outcomes.
- Life review provides an opportunity to grapple with unresolved issues, evaluate the meaning of one’s life, and may prove therapeutic.

Intended Audience: Educators and healthcare professionals

Specific Objectives:
Attendees will:
- Participate in a method of teaching brief clinical life review to undergraduate and graduate medical students and other healthcare professionals.
- Utilize brief clinical life review as a method for teaching patient-centered interviewing.
- Use the LISTEN method to conduct a life review.
- Integrate the main events, values, and factors covered in a life review including health related information, stresses, and successes by depicting these on a timeline or with a pictorial representation (such as a tree).
- Reflect on the experience of conducting a life review interview.

Format/Methods/Products/Materials from Workshop:
- Introductions – Ice breaker
  Roundtable 10 mins
- View media segment depicting an informal, unstructured life review
  Video clip* 7 mins
  clip #1 Intro 00:00:00 – 00:00:38
  clip #2 Tell Story 00:38:23 -- 00:39:40
  clip #3 Stickball 00:41:15 – 00:45:06
• Discuss a method for conducting a brief clinical life review in the healthcare setting
  PowerPoint Slides 15 mins

• Use the “L-I-S-T-E-N” method to practice doing brief clinical life review with a partner
  Dyad interaction 15 mins

• Produce a diagram which illustrates the main events of partner's life review, summarize, and reflect for accuracy
  Dyad interaction 15 mins

• Discuss the process and experience of using life review as a medical interview technique
  Large group discussion 25 mins

• Wrap-Up
  Video Clip 3 mins
  clip #4 Teacher 00:52:53 – 00:54:53
  clip #5 Meaning 01:27:35 – 01:28:17

Learner Assessment:
• Participants will be observed as they employ patient-centered interview techniques including: using open-ended questions, checking for listener understanding, and providing constructive and affirmative feedback to the speaker.
• Participants will demonstrate integration of life review information by producing a diagram illustrating factors, values, and events that have influenced the health or health behaviors of their partner.
• Participants will discuss the value of teaching brief clinical life review in the medical setting

*Movie clips from "Tuesdays with Morrie"

Other suggested movies:
• “Strangers in Good Company”
• “Trip to Bountiful”