How to Determine Rehabilitation Potential for Inpatient Rehabilitation

1. **Cognitive function:** The patient must be able to retain new information learned in therapy. (Patients with moderate-to-severe dementia may be a poor rehab candidate.)

2. **Medical status:** The patient must have stable medical status with no contraindications to do exercises.

3. **Motivation:** The patient must have good motivation in order to benefit from rehabilitation (although lack of motivation due to depression is NOT a contraindication).

4. **Social support:** The patient must have adequate social support to continue and complete rehabilitation.

5. **Economic resources:** The patient must have appropriate health insurance (i.e. Medicare) and/or private funds to receive rehabilitation.

6. **Others:**
   
a. The patient must be able to tolerate therapy for 3 hours/day, 6 days/week.
   
b. The patient requires at least two different therapies (i.e., physical therapy, occupational therapy, speech therapy).
   
c. The patient must be evaluated by rehabilitation specialists (i.e. physical therapy, occupational therapy, speech therapy) in the hospital as soon as medically stable.