### CAGE Questionnaire for Alcohol Misuse Screening

The CAGE questionnaire has been validated in the older population.

**C** Have you ever felt you should cut down?

**A** Does others’ criticism for drinking annoy you?

**G** Have you ever felt guilty about drinking?

**E** Have you ever had an “Eye opener” to steady your nerves or get rid of a hangover?

**SCORING:** Positive response to any suggests problem drinking

### Short Michigan Alcoholism Screening Test—Geriatric Version (S-MAST-G)

The S-MAST-G, which asks questions relevant to aging cohort, has been found to be 95% sensitive and 78% specific for identifying older persons with alcohol problems.

1. When talking with others, do you ever underestimate how much you actually drank?
2. After a few drinks, have you sometimes not eaten or been able to skip a meal because you did not feel hungry?
3. Does having a few drinks help decrease your shakiness or tremors?
4. Does alcohol sometimes make it hard for you to remember parts of the day or night?
5. Do you usually take a drink to relax or calm your nerves?
6. Do you drink to take your mind off your problems?
7. Have you ever increased your drinking after experiencing a loss in your life?
8. Has a doctor or nurse ever said they were worried or concerned about your drinking?
9. Have you ever made rules to manage your drinking?
10. When you feel lonely, does having a drink help?

**SCORING:** Two or more “yes” responses indicate an alcohol problem

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