FAST FORWARD ROUNDS

Q1 Mark each item below as an Activity of Daily Living (ADL) or Instrumental Activity of Daily Living (IADL)

<table>
<thead>
<tr>
<th>Activity</th>
<th>ADL</th>
<th>IADL</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bathing</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Transferring in and out of bed</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Shopping for groceries</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Putting medications in a pillbox</td>
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</tr>
</tbody>
</table>

Q2 For a hospitalized elderly patient, which of the following has been shown to be the strongest predictor of length of stay and mortality?

a. The admitting diagnosis
b. The length of time spent in the emergency room
c. Measures of functional status
d. APACHE II score
e. Creatinine level on admission

Q3 Which of the following patients is the LEAST appropriate for hospice care?

a. A patient with advanced congestive heart failure
b. A patient with localized prostate cancer
c. A patient with end-stage COPD
d. A patient with inoperable pancreatic cancer
e. A patient with advanced dementia

Q4 All of the following are aims of palliative care EXCEPT:

a. To establish goals of care
b. To obtain a do-not-resuscitate (DNR) order
c. To relieve pain and other symptoms
d. To provide psychosocial and spiritual support to patients
e. To provide psychosocial support to caregivers
Questions 5 and 6 apply to the case below:

A 65-year-old man with diabetes and chronic obstructive pulmonary disease (COPD) is admitted with a COPD exacerbation and started on steroids. When his blood sugars become very elevated, insulin is added to his medication regimen. A pressure ulcer develops on his heel, and he has difficulty walking. Upon discharge from the hospital, he will require home health services.

Q5 Who can initiate the referral for certified home health services?
   a. A nurse practitioner .................................................................
   b. A social worker .................................................................
   c. A medical resident .................................................................
   d. A medical attending .................................................................
   e. All of the above .................................................................

Q6 Which of the following home care services would be INAPPROPRIATE to order for this patient?
   a. A nutritionist to teach the patient about a diabetic diet.................................
   b. A nurse for wound care ................................................................
   c. A nurse to teach the patient how to check his blood sugar.................................
   d. A home health aide to administer insulin .................................................................
   e. A physical therapist to help with ambulation .................................................................

Q7 Choose the discipline which best applies to each intervention below. (Check only one box per line.)

<table>
<thead>
<tr>
<th>Intervention</th>
<th>Occupational Therapy</th>
<th>Physical Therapy</th>
</tr>
</thead>
<tbody>
<tr>
<td>Gait evaluation and training</td>
<td></td>
<td></td>
</tr>
<tr>
<td>ADL training</td>
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</tr>
</tbody>
</table>

Q8 An 80-year-old woman admitted with heart failure admits to missing doses of her cardiac medications. All of the following are likely predictors of her medication non-adherence EXCEPT:
   a. Her regimen contains 12 different medications .................................................................
   b. The high cost of her medications ................................................................
   c. The side effects of her medications ................................................................
   d. Her age is greater than 65 years ................................................................
   e. Her perceived lack of benefit from certain medications .................................................................

Q9 True or False

Subacute rehabilitation involves physical therapy for 3 or more hours each day ...................... True False
Q10 Which of the following is the most common source of adverse events following discharge from the hospital?
   a. No follow-up appointment with primary care provider .................................................................
   b. Poor communication of test results to primary care provider ......................................................
   c. Medication errors .....................................................................................................................
   d. Durable medical equipment not available at home .....................................................................
   e. Home care services not arranged ............................................................................................

Q11 In New York State, the following health services are covered by: (Check only one box per line.)

<table>
<thead>
<tr>
<th>Service</th>
<th>Medicare only</th>
<th>Medicaid only</th>
<th>Both</th>
<th>Neither</th>
</tr>
</thead>
<tbody>
<tr>
<td>Long-term care in a skilled nursing facility</td>
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<tr>
<td>Rolling walker for a patient after hip fracture repair</td>
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<tr>
<td>Nurse to assess a patient at home after discharge from the hospital</td>
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<tr>
<td>Home hospice care</td>
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<tr>
<td>A grab bar for the bathroom</td>
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<td></td>
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<td></td>
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<tr>
<td>Adult day care</td>
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</tbody>
</table>

Q12 How would you rate your confidence level in managing the discharge process of complex patients with chronic illness?


Q13 How would you rate your ability to provide patient and caregiver education regarding medications prescribed?


Q14 How proficient are you in performing a functional assessment when a complex patient with chronic illness is admitted to the hospital?


Q15 How would you rate your knowledge of hospice and palliative care services for patients?

Q16 How would you rate your knowledge of the professional roles of the following team members?


Physical Therapy
Occupational Therapy
Nursing
Social Work

Q17 How would you rate your understanding of Medicare and Medicaid reimbursement?


Q18 How would you rate your knowledge of the community resources available for patients with chronic illness?


Q19 How often do you perform a functional assessment on patients you admit or care for in the hospital?

Never Less than 50% of the time About half the time More than 50% of the time Always

Q20 How often do you review the discharge medication list with patients and/or their primary caregiver(s)?

Never Less than 50% of the time About half the time More than 50% of the time Always

Q21 How often do you compare patients' discharge medication lists with their home medication lists prior to discharge?

Never Less than 50% of the time About half the time More than 50% of the time Always

Q22 How often do you provide a copy of the discharge summary to patients and/or their primary caregiver(s)?

Never Less than 50% of the time About half the time More than 50% of the time Always

Q23 How often do you send a copy of the discharge summary or communicate the care plan to the patient's next care provider?

Never Less than 50% of the time About half the time More than 50% of the time Always
List 3 things you liked about this course:

1.

2.

3.

List 3 things you would change in this course:

1.

2.

3.

How did this course affect the way you care for patients in the hospital? Please explain.

Please feel free to write additional comments below.