Part II: Treatment of Depression in Older Adults

What you will learn

- The appropriate role for medication and ECT in the treatment of depression in older adults.
- The efficacy and risks/benefits of different classes of antidepressant medication including SSRI’s, Tri Cyclics, MAOI’s, NSRI’s and NRDI’s.
- Strategies for effective prescribing of antidepressants and the use of augmentation and combination therapy.

Gleri TIPS:

- SSRI’s should be the first choice in treating depression.
- It is important to wait an adequate amount of time, 10-20 days, before determining if the medication is a treatment failure.
- The NIMH STAR*D trial suggests that there is no best choice of antidepressant medication. Often you need to go through a process of trial and error to find the best fit for your patient.

Length: 18.29 minutes

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References:

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