



Infusing Geropsychiatric Nursing into Curricula: Associated Resources and Guidelines for Their Use

Key Concept Product Series

Key Concept IB. Assessment: Appropriate Instruments/Clinical Evaluation Tools

Background

The National Institute of Mental Health predicts that by 2030, the numbers of older adults (age 65+) with mental illness will likely strain the nation's health care system. In addition to mental disorders, physical illness often precipitates and/or is accompanied by psychiatric symptoms in late life. Nurses care for older adults across the full range of health care settings and will unavoidably encounter such older patients. Thus, it is imperative that nursing education programs prepare nurses to care for older adults with mental health concerns and psychiatric/substance misuse disorders.

The Geropsychiatric Nursing Collaborative has developed the following resources to draw attention to the special mental health issues of older adults and assist faculty to address them.

- Geropsychiatric Nursing Competency Enhancements (Product 20660)
- Definition of Geropsychiatric Nursing (Product 20660)
- Video: Discover Mental Health The Forgotten Piece in Elder Care (Product 20893)
- A series of Key Concept Products*

*See [Appendix](#) for complete list of Key Concepts

About the Key Concept Product Series

The 27 Key Concepts in the Key Concept Product Series are organized into four domains:

- I. Assessment,
- II. Management,
- III. Approach to Older Adults, and
- IV. Role.

Each of the Key Concept Products provides access to curriculum/teaching resources identified as appropriate to assist faculty to infuse the geropsychiatric nursing competency enhancements into course objectives, teaching strategies, didactic content, and/or clinical experiences in relevant nursing education programs. These include entry level and advanced practice nursing programs in psychiatric-mental health, adult/gerontological, family, women's health and acute care or stand-alone geropsychiatric nursing or continuing education courses. The resources may be adapted by faculty for use with a range of learners, as indicated in each description.

About this Key Concept

Key Concept IB. Assessment: Appropriate Instruments/Clinical Evaluation Tools

Valid and reliable instruments are helpful for identifying and assessing mental disorders in the clinical setting. This product provides information about effective instruments and tools that are widely used in both clinical practice and research for screening and assessing older adults for common mental disorders.

Other Key Concepts in the Assessment Domain

- A. Normal aging: biopsychosocial theories
- B. *[this product]*
- C. Adapting assessment procedures
- D. Atypical presentations; Co-occurring illness; Psychiatric manifestations
- E. Common mental disorders
- F. Comprehensive assessment
- G. Stressors affecting mental health

Accessing the Resources

The GPNC summarized each resource and included information such as estimated time to complete, educational objective[s], learning resource type, and intended audience. Technical requirements for use and suggestions for best use are also included.

The resources are organized both in alphabetical order and by learner resource type (e.g., case study). Links in each of these sections provide quick access within this document to

the resource. [Note that the URL link in each resource description brings the user directly to the original material.]

Index of Associated Resources (IN ALPHABETICAL ORDER)

- Curriculum for the Hospitalized Aging Medical Patient *[coming soon]*
- Delirium: An Interactive Learning Experience *[coming soon]*
- Delirium Web-based instructional Module *[coming soon]*
- Geriatric Assessment Tools *[coming soon]*
- Geri-Party *[coming soon]*
- GeroTIPS: Gero Research Instruments: Restraint Tools *[coming soon]*
- [Recognizing and Managing Delirium Among Hospitalized Older Adults](#)
- The Geriatric Mental Health Training Series *[coming soon]*
- [Try This Series on Assessment](#)
- Saint Lois University Mental Status Exam (SLUMS) *[coming soon]*
- [Weight Loss Case Study](#)

Index of Associated Resources (BY LEARNER RESOURCE TYPE)

LEARNER RESOURCE TYPE	RESOURCE
<u>Case Study</u>	<ul style="list-style-type: none"> • Weight Loss Case Study
<u>Didactic Module</u>	<ul style="list-style-type: none"> • The Geriatric Mental Health Training Series
<u>DVD/Video</u>	<ul style="list-style-type: none"> • Recognizing and Managing Delirium Among Hospitalized Older Adults • Try This Series on Assessment
<u>Educational Game</u>	<ul style="list-style-type: none"> • Geri-Party
<u>Evaluation Tool</u>	<ul style="list-style-type: none"> • Curriculum for the Hospitalized Aging Medical Patient
<u>Exercise</u>	<ul style="list-style-type: none"> • Delirium: An Interactive Learning Experience • Delirium Web-based Instructional Module
<u>Facilitator's Guide</u>	<ul style="list-style-type: none"> • Recognizing and Managing Delirium Among Hospitalized Older Adults
<u>Lecture/Presentation</u>	<ul style="list-style-type: none"> • Curriculum for the Hospitalized Aging Medical Patient • Delirium Web-based instructional Module • The Geriatric Mental Health Training Series
<u>PDF</u>	<ul style="list-style-type: none"> • GeroTIPS: Gero Research Instruments: Restraint Tools
<u>PowerPoint</u>	<ul style="list-style-type: none"> • The Geriatric Mental Health Training Series
<u>Quick Reference/Pocket Card</u>	<ul style="list-style-type: none"> • Curriculum for the Hospitalized Aging Medical Patient • Try This Series on Assessment
<u>Software Program</u>	<ul style="list-style-type: none"> • Geri-Party
<u>Study Guide</u>	<ul style="list-style-type: none"> • Geriatric Assessment Tools • Saint Lois University Mental Status Exam (SLUMS)
<u>Tutorial</u>	<ul style="list-style-type: none"> • Delirium Web-based instructional Module

Note: The content contained in each of these resources has been produced by the respective authors, not the Geropsychiatric Nursing Collaborative. Thus, any feedback on specific resources should be provided directly to the original author/website.

Note: Website links are current as of 2011. Please contact the author of the resource if a link is broken.

Title of resource	Recognizing and managing delirium among hospitalized older adults
Source	State University of New York (SUNY) at Buffalo School of Medicine & Biomedical Sciences
Summary of resource	This interactive DVD is designed to improve recognition of cognitive impairment and delirium among hospitalized older adults. The DVD was designed to review the prevalence and outcomes of delirium; train physicians and nurses on mental status assessment procedures, including identification of likely underlying etiologies; train on bed-side detection of delirium, and introduce guidelines for medication management of cognitively impaired and delirious older adults.
URL	http://www.pogoe.org/productid/18787
Estimated time to complete	The DVD format allows for presentations ranging from 20 minutes to 2.5 hours or longer.
Educational objective	Learners should acquire skills in bedside assessment of mental status and differentiation of delirium from other cognitive states. The DVD is designed to enhance knowledge about delirium and improve assessment and diagnostic skills.
Related Key Concepts	<ul style="list-style-type: none"> • Assessment: Adapted Assessment Procedures • Management: Behavioral, environmental and pharmacological interventions and communication for behaviors; • Management: Pharmacotherapeutics.
Learning resource type	Facilitator's Guide DVD/Video
Intended audience	Entry level nursing student RN Advanced practice nursing student APRN Nurse educators
Suggestions for best use	Classroom

Title of resource	The Geriatric Mental Health Training Series
Source	University of Iowa College of Nursing Hartford Center of Geriatric Nursing Excellence
Summary of resource	This website contains six modules, each designed to be taught as a one-hour educational program for care providers in long-term care (LTC) settings. The six core topics address common problems faced in LTC. The care providers' own feelings and behaviors in response to problem behaviors are examined, including the role of values and beliefs, personal needs, and stress in the work place.
URL	http://www.nursing.uiowa.edu/hartford/nurse/core.htm
Estimated time to complete	One hour per module
Educational objective	Increase knowledge about the causes of "problem behaviors" and about techniques to manage those troubling behaviors.
Related Key Concepts	<ul style="list-style-type: none"> • Assessment: Normal aging: biopsychosocial theories • Assessment: Appropriate instruments/clinical evaluation tools • Assessment: Stressors affecting mental illness • Management: Care transitions • Management: Behavioral, environmental and pharmacological interventions and communication for behaviors • Management: Patient/family/peer education: mental and physical interactions • Management: Ethical/legal and socioeconomic factors • Approach to Older Adults: Age-related adaptations • Approach to Older Adults: Age/culturally appropriate interventions and communications • Role: Knowledge of geriatric mental health/illness
Learning resource type	Lecture/Presentation Didactic Module PowerPoint
Intended audience	RN APRN Nurse educators
Suggestions for best use	Classroom/lecture Self study

Title of resource	Try This Series on Assessment
Source	New York University Hartford Institute for Geriatric Nursing
Summary of resource	The This Try This series offers a range of assessment tools for nurses caring for older adults. A "Dementia Series" is included that provides tools and strategies for assessment of older adults with dementia. Each tool is accompanied by a description and instructions for use.
URL	http://hartfordign.org/Resources/Try_This_Series/
Estimated time to complete	Not applicable
Educational objective	Not applicable
Related Key Concepts	<ul style="list-style-type: none"> • Assessment: Normal Aging: Biopsychosocial theories • Assessment: Appropriate instruments/clinical evaluation tools • Assessment: Atypical presentations, Co-occurring illness, Psychiatric manifestations, medical conditions • Assessment: Common disorders • Assessment: Stressors affecting mental health • Management: Care transitions • Management: Behavioral, environmental and pharmacological interventions and communication for behaviors. • Management: Influences from decisional capacity, health literacy • Management: Patient/family/peer education: mental and physical health interactions • Management: Ethical/legal and socioeconomic factors • Approach to Older Adults: Age-related adaptations • Approach to Older Adults: Age/culturally appropriate interventions and communications • Approach to Older Adults: Recognition of personal and societal biases • Role: Promotion of safety and risk factor reduction
Learning resource type	Quick Reference/Pocket Card DVD/Video
Intended audience	Entry level nursing student RN Advanced practice nursing student APRN Nurse educators
Suggestions for best use	Classroom/lecture Clinical laboratory Self Study

Title of resource	Web-based Interactive Case Study on Weight Loss
Source	Hartford Institute for Geriatric Nursing
Summary of resource	Interactive case presentation on weight loss in the elderly highlighting depression.
URL	http://consultgerirn.org/main/index
Estimated time to complete	Less than one hour
Educational objective	N/A
Related Key Concepts	<ul style="list-style-type: none"> • Assessment: Appropriate instruments/clinical evaluation tools • Assessment: Atypical presentations; Co-occurring illness; Psychiatric manifestations: medical conditions • Assessment: Common Disorders
Learning resource type	Case Study/Case Series
Intended audience	Advanced practice nursing student APRN
Suggestions for best use	Web assisted learning Self Study

APPENDIX

This Key Concept in the Context of All Key Concepts

I. Assessment

- A. Normal aging: biopsychosocial theories
- B. *Appropriate instruments/clinical evaluation tools***
- C. Adapting assessment procedures
- D. Atypical presentations; Co-occurring illness; Psychiatric manifestations: medical conditions
- E. Common disorders
- F. Comprehensive
- G. Stressors affecting mental health

II. Management

- A. Care transitions
- B. Behavioral, environmental and pharmacological interventions and communication for behaviors
- C. Pharmacotherapeutics
- D. Referrals
- E. Influence: Decisional capacity, health literacy
- F. Patient/family/peer education: Mental and physical health interactions
- G. Ethical/legal and socioeconomic factors

III. Approach to OA

- A. Age-related adaptations
- B. Age/culturally appropriate interventions and communications
- C. Recognize suggestion: personal & societal biases
- D. Sensitivity: end of life

IV. Role

- A. Promotes safety and risk factor reduction
- B. Knowledge of geriatric mental health/illness
- C. Lifelong learning
- D. Policy/advocacy
- E. Research participation/utilization
- F. Quality improvement initiatives
- G. Interdisciplinarity
- H. Delivery systems
- I. Service barriers