### The Lawton Instrumental Activities of Daily Living

<table>
<thead>
<tr>
<th>STUDENT</th>
<th>DATE</th>
<th>PATIENT</th>
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<tr>
<td>«Student»</td>
<td>«Date»</td>
<td>MIKE O’HALLORAN</td>
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**Scoring:** For each category, circle the item description that most closely resembles the client’s highest functional level (either 0 or 1).

#### A. Ability to Use Telephone
1. Operates telephone on own initiative; looks up and dials numbers................................. 1
2. Dials a few well-known numbers................................. 1
3. Answers telephone, but does not dial................................. 1
4. Does not use telephone at all................................. 0

#### B. Shopping
1. Takes care of all shopping needs independently..... 1
2. Shops independently for small purchases............. 0
3. Needs to be accompanied on any shopping trip..... 0
4. Completely unable to shop................................. 0

#### C. Food Preparation
1. Plans, prepares, and serves adequate meals......... 1
2. Prepares adequate meals if supplied with ingredients................................. 0
3. Heats and serves prepared meals or prepares meals, but does not maintain adequate diet........... 0
4. Needs to have meals prepared and served............. 0

#### D. Housekeeping
1. Maintains house alone with occasion assistance (heavy work).............................................. 1
2. Performs light daily tasks such as dishwashing, bed making............................................. 1
3. Performs light daily tasks, but cannot maintain acceptable level of cleanliness......................... 1
4. Needs help with all home maintenance tasks........... 1
5. Does not participate in any housekeeping tasks...... 0

#### E. Laundry
1. Does personal laundry completely................................. 1
2. Launders small items, rinses socks, stockings, etc... 1
3. All laundry must be done by others................................. 0

#### F. Mode of Transportation
1. Travels independently on public transportation or drives own car......................................... 1
2. Arranges own travel via taxi, but does not otherwise use public transportation........... 1
3. Travels on public transportation when assisted or accompanied by another........................... 1
4. Travel limited to taxi or automobile with assistance of another........................................... 0
5. Does not travel at all.................................................. 0

#### G. Responsibility for Own Medications
1. Is responsible for taking medication in correct dosages at correct time........................................... 1
2. Takes responsibility if medication is prepared in advance in separate dosages............................ 0
3. Is not capable of dispensing own medication........... 0

#### H. Ability to Handle Finances
1. Manages financial matters independently (budgets, writes checks, pays rent and bills, goes to bank); collects and keeps track of income........................................ 1
2. Manages day-to-day purchases, but needs help with banking, major purchases, etc........... 1
3. Incapable of handling money................................. 0

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