Patient Name: Mike O’Halloran

### Katz Index of Independence in Activities of Daily Living

<table>
<thead>
<tr>
<th>STUDENT</th>
<th>DATE</th>
<th>PATIENT</th>
</tr>
</thead>
<tbody>
<tr>
<td>«Student»</td>
<td>«Date»</td>
<td>MIKE O’HALLORAN</td>
</tr>
</tbody>
</table>

#### ACTIVITIES

**POINTS (1 OR 0)**

**INDEPENDENCE:**

- **(1 POINT)** NO supervision, direction or personal assistance

**DEPENDENCE:**

- **(0 POINTS)** WITH supervision, direction, personal assistance or total care

#### BATHING

- **(1 POINT)** Bathes self completely or needs help in bathing only a single part of the body such as the back, genital area or disabled extremity.

#### DRESSING

- **(1 POINT)** Gets clothes from closets and drawers and puts on clothes and outer garments complete with fasteners. May have help tying shoes.

#### TOILETING

- **(1 POINT)** Goes to toilet, gets on and off, arranges clothes, cleans genital area without help.

#### TRANSFERRING

- **(1 POINT)** Moves in and out of bed or chair unassisted. Mechanical transferring aides are acceptable.

#### CONTINENCE

- **(1 POINT)** Exercises complete self control over urination and defecation.

#### FEEDING

- **(1 POINT)** Gets food from plate into mouth without help. Preparation of food may be done by another person.

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Mike O’Halloran – 3/2011